



Denver

# Dispatch

a community voice on mental illness

## January 2008

Mental Health Center of Denver, 4141 E Dickenson Place

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Phone: 303-504-6545

Website: [www.namidenver.org](http://www.namidenver.org)

### SUPPORT and EDUCATION GROUP MEETINGS

#### Support Group

Wednesday, January 9, 2008 7-8:30 pm

Family group and peer groups will meet separately.

#### Education Program

Topic: *Beyond Bipolar—7 Steps to Wellness*

Presented by Jane Mountain, M.D.

Wednesday,

January 16, 2008

7 pm– 8 pm

#### Family to Family Classes

Contact Kathryn Chaney 303-744-0288 or [cecil296@aol.com](mailto:cecil296@aol.com)

#### WRAP (Wellness Recovery Action Plan) Classes

Contact Deb Amesbury at 303-744-1817  
or [DebAmesbury@msn.com](mailto:DebAmesbury@msn.com)

#### Board Meeting

Thursday, January 24, 2008 at 6:30 pm (Open to all members)

### February Peer Support Group Requests Your Story for a Documentary

Heather Turner, the newly elected President of the Board for NAMI Denver, has been working with Orin Levy, a television producer, to make a documentary that raises awareness about mental health and suicide prevention.

They are interested in gathering personal attestations from consumers about their dealings with such systems as Family Court, the criminal justice system, Medicaid/SSI, and mental health hospitalizations/community centers.

If you have a story you think would be interesting and helpful to others (and you are willing to be filmed), please come to the Peer Support Group Meeting on February 13, 2008 to meet Orin.

There will be no cameras at this meeting, and Orin will be visiting as Heather's friend. Anything that is said will remain confidential unless you give them permission to use your story. Come share your story with them and try to CHANGE the systems that deal with mental health.

### Mental Health America of Colorado Presents Legislative Education Day 2008

Please Join Us!

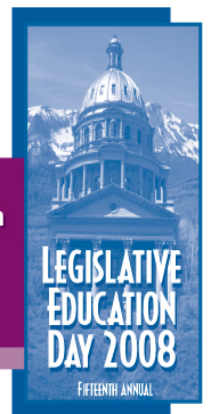


## Mental Health Care and Health Care Reform

Change in the  
Right Direction

Friday, Feb. 8  
8:30am - 1:30pm

Temple Events Center  
1595 Pearl St.  
Denver, CO 80203



#### Training Includes:

- Special presentation by *First Lady of Colorado, Mrs. Jeannie Ritter*
- Current Legislation affecting mental health
- 208 Commission & health care reform
- Community Crisis Intervention "Triage" Project
- Legislator and Advocate of the Year Awards

Save the date! For more information, contact Mental Health America of Colorado directly at 720-208-2220.

#### NAMI-Denver Mission:

To improve the lives of people affected by mental illnesses.

NAMI-Denver Board Members : Heather Turner; President, Kathryn Chaney; Vice-President, Michael Callahan; Secretary/Treasurer and Joyce Borgmeyer  
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